



## Children Vitamin Tablets

Nutritional supplement  
With vitamins and sweetener

### Good to know:

Children Vitamin Tablets contain a specially formulated composition of essential micronutrients such as vitamin C, vitamin E, the important B vitamins B1, B2, B6, B12, folic acid, biotin, niacin, pantothenic acid and vitamin D, which is vital for healthy growth and healthy bone development in children.

### Ingredients:

Sweetener: Sorbitol; filler: Sodium Hydrogen Carbonate; acidifier: Citric Acid, Vitamin C, Natural Flavour, anti-caking agent: Magnesium Stearate, Silicon Dioxide; Cranberry Concentrate, filler: Magnesium Hydroxid, Niacin, Vitamin-E-succinate, Calcium-D-pantothenate, Vitamin D3, Vitamin-B1-mononitrate, Vitamin B2, Vitamin-B6-hydrochloride, Folic Acid, Biotin, Vitamin B12.

	per 1 tablet	per 2 tablets	per 4 tablets	% NRV* 4-9 years (2 tabl.)	% NRV* from 10 years (4 tabl.)	per 100 g tablets
Vitamin C	25.0 mg	50.0 mg	100.0 mg	63	126	3 g
Vitamin E (alpha-TE)	2.6 mg (4 I.U.)	5.2 mg (8 I.U.)	10.4 mg (16 I.U.)	43	86	0.3 g
Niacin	5.0 mg	10.0 mg	20.0 mg	63	126	0.6 g
Pantothenic acid	1.8 mg	3.6 mg	7.2 mg	60	120	214 mg
Vitamin B2	0.45 mg	0.9 mg	1.8 mg	64	128	54 mg
Vitamin B1	0.4 mg	0.8 mg	1.6 mg	73	146	48 mg
Vitamin B6	0.25 mg	0.5 mg	1.0 mg	36	72	30 mg
Folic acid	150.0 µg	300.0 µg	600.0 µg	150	300	18 mg
Biotin	7.5 µg	15.0 µg	30.0 µg	30	60	1 mg
Vitamin B12	0.5 µg	1.0 µg	2.0 µg	40	80	60 µg
Vitamin D3	2.5 µg	5.0 µg	10.0 µg	100	200	298 µg

\* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

### Recommended use:

Children of 4-9 years of age take 2 tablets per day; children of 10 years of age and above take 4 tablets per day. The tablets can be sucked or chewed.

An excessive consumption can have a laxative effect.

Keep out of direct sunlight. Store dry and not above 25°C.

Nutritional supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

### Contents 240 tablets = 200 g

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