Kräuterhaus Sanct Bernhard

Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



# A shower dream Shower gel set

A compilation of our most popular shower gels from our own production. The best, skin-compatible care substances, valuable plant extracts and natural herbal fragrances make each shower an experience full of relaxation and well-being. Simply enjoy - just the way you want to!

# KARAKUM shower gel & shampoo

For refreshing, mild everyday body and haircare. Contains an extract from real malachite as well as a balancing, regenerating care formula. Protects skin and hair from damaging environmental factors. Gives hair volume and strength. Enjoy the creamy foam with the manly, spicy fragrance of precious woods and herbs.

### Ingredients:

Aqua, Sodium Laureth Sulfate, Glycerin, Lauryl Glucoside, Sodium Chloride, Parfum, Coco-Glucoside, Malachite Extract, Zinc PCA, Panthenol, Glyceryl Oleate, Betaine, Laurdimonium Hydroxypropyl Hydrolyzed Wheat Protein, Citric Acid, Tocopherol, Lecithin, Ascorbyl Palmitate, Sodium Citrate, Hydrogenated Vegetable Glycerides Citrate, Propylene Glycol, Dehydroacetic Acid, Benzoic Acid, Phenoxyethanol, Potassium Sorbate, CI 75810, CI 42090.

### Scented shower gel Lavender

This gently-caring shower gel transports you into the French Provence with its summery-delicate scent of flowering lavender fields. Real essential lavender oil and the best, moisturising care substances delight your senses, pamper your skin and give it a velvety-soft feel. Enjoy this harmonising, relaxing shower experience before or after a strenuous day.

# Ingredients:

Aqua, Sodium Laureth Sulfate, Coco-Glucoside, Lauryl Glucoside, Sorbitol, Betaine, Sodium Chloride, Sodium Cocoyl Glutamate, Lavandula Angustifolia Oil (Linalool – from the natural essential oil), Citric Acid, Glyceryl Oleate, Tocopherol, Potassium Sorbate, Laurdimonium Hydroxypropyl Hydrolyzed Wheat Protein, Hydrogenated Vegetable Glycerides Citrate, Sodium Citrate, Dehydroacetic Acid, Isopropyl Alcohol, Phenoxyethanol, Benzoic Acid, Ascorbyl Palmitate, Lecithin.

# Juniper berry-rosemary shower gel

A refreshing, revitalising shower gel with a wonderfully aromatic scent thanks to the pure, natural, essential oils from juniper berries and rosemary. The unique combination with menthol is stimulating, promotes blood circulation and also provides a pleasantly cool skin feeling. Moisturising betaine cares for the skin and maintains its natural moisture and protects it from drying out. Perfect for an active, fresh start to the day or revitalisation after work or sport. Ingredients:

Aqua, Sodium Laureth Sulfate, Lauryl Glucoside, Betaine, Sodium Chloride, Rosmarinus Officinalis Leaf Oil, Juniperus Communis Fruit Oil (Limonene – from natural essential oils), Menthol, Coco-Glucoside, Glyceryl Oleate, Glycerin, Tocopherol, Lecithin, Ascorbyl Palmitate, Citric Acid, Sodium Citrate, Laurdimonium Hydroxypropyl Hydrolyzed Wheat Protein, Hydrogenated Vegetable Glycerides Citrate, Potassium Sorbate, Benzoic Acid, Phenoxyethanol, Dehydroacetic Acid, CI 75810.

# CAREN shower gel & shampoo

An exclusive combination of selected herbs and caring proteins. Revitalising plant extracts and natural moisturisers strengthen and care for your hair right into the tips, preserving its natural, silky shine and gently preventing dandruff. During your shower, enjoy the delicate, finely-fragranced foam. Do not use if you are allergic to composite plants.

# Ingredients:

Aqua, Sodium Laureth Sulfate, Propylene Glycol, Hydrolyzed Collagen, Potassium Cocoyl Hydrolyzed Collagen, Oleamide DEA, Sodium Chloride, Urtica Dioica Leaf Extract, Ginkgo Biloba Leaf Extract, Arnica Montana Flower Extract, Hedera Helix Leaf Extract, Nasturtium Officinale Leaf/Stem Extract, Tropaeolum Majus Extract, Zinc PCA, Inga Alba Bark Extract, Piper Nigrum Fruit Extract, Panthenol, Glycine Soja Oil, Daucus Carota Sativa Root Extract, Beta-Carotene, Tocopherol, Ascorbyl Palmitate, Citric Acid, Sodium Caproyl Lactylate, Butylene Glycol, Sodium Lauroyl Lactylate, Dicocoylethyl Hydroxyethylmonium Methosulfate, Phenoxyethanol, Dehydroacetic Acid, Benzoic Acid, Potassium Sorbate, Sodium Benzoate, CI 16255, Parfum (Linalool, Limonene). Kräuterhaus Sanct Bernhard

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#### Lemon shower gel

Refreshing-enlivening, mild foaming shower gel with pure, natural lemon oil. With this fruity, fresh fragrance, your start to the day simply has to be successful! Moisturising betaine cares for the skin even during the shower, maintaining its natural moisture and protecting it from drying out - for a fresh, velvety-soft feel to your skin.

# Ingredients:

Aqua, Sodium Laureth Sulfate, Coco-Glucoside, Lauryl Glucoside, Betaine, Sodium Chloride, Citrus Limon Peel Oil (Limonene, Citral – from the natural essential oil), Sodium Cocoyl Glutamate, Laurdimonium Hydroxypropyl Hydrolyzed Wheat Protein, Citric Acid, Glyceryl Oleate, Hydrogenated Vegetable Glycerides Citrate, Tocopherol, Potassium Sorbate, Ascorbyl Palmitate, Sodium Citrate, Lecithin, Propylene Glycol, Phenoxyethanol, Dehydroacetic Acid, Benzoic Acid.

#### Aloe vera shower gel

A creamy, intensively moisturising shower gel with the valuable contents of the aloe vera (60 % aloe vera gel). For daily mild cleaning of face and body. Particularly good for skin which is dry and prone to irritations, and mature skin. Supplemented with moisturising betaine and soothing panthenol, aloe vera shower gel cares for the skin gently, protecting it against moisture loss and leaving it refreshed, velvety-soft and supple.

### Ingredients:

Aqua, Sodium Laureth Sulfate, Lauryl Glucoside, Aloe Barbadensis Leaf Juice, Coco-Glucoside, Sodium Chloride, Glycerin, Panthenol, Propylene Glycol, Betaine, Sodium Cocoyl Glutamate, Parfum, Glyceryl Oleate, Aloe Barbadensis Leaf Extract, Laurdimonium Hydroxypropyl Hydrolyzed Wheat Protein, Citric Acid, Hydrogenated Vegetable Glycerides Citrate, Benzoic Acid, Tocopherol, Lecithin, Ascorbyl Palmitate, Sodium Citrate, Isopropyl Alcohol, Potassium Sorbate, Phenoxyethanol, Dehydroacetic Acid, Cl 75810.

Made in Germany

Contents 6 shower gels, each containing 100 ml Total contents 600 ml

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