



Potassium Active Drink

Dietary supplement with potassium

Good to know:

Potassium, the main mineral of our body cells. As such it is essentially involved in activating important enzymes for the metabolism, which contributes to a normal function of the muscles and the nervous system as well as to maintain a normal blood pressure. Bigger loss of fluid can cause a potassium deficiency. As potassium is necessary for the functionality of our muscles but is excreted through perspiration, especially athletes should pay attention to a sufficient supply of potassium in order to maintain their vigor.

Ingredients:

Sucrose, Potassium Citrate, acidifier citric acid, natural orange flavor, filler Maltodextrin.

Average nutritional values:	per sachet	per daily dose (=2 sachets)	% of the recommended daily dose according to NRV*	per 100 g
Calorific value	31 kJ (7 kcal)	62 kJ (14 kcal)	-	1192 kJ (269 kcal)
Fat	0 g	0 g	-	0 g
Carbohydrates	1.9 g	3.8 g	-	73 g
- of which is sugar	1.5 g	3.0 g	-	58 g
Protein	0 g	0 g	-	0 g
Salt	0 g	0 g	-	0 g
Potassium	250 mg	500 mg	25	10 g

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

Recommended use:

Take the content of one sachet 1-2 times daily and dissolve it in a glass of water and drink it.

Store dry and not above 25°C.

Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of small children. The recommended daily dose should not be exceeded.

Made in Germany

Contents: 30 sachets with 2.6 g each

Total weight 78 g

Art. No. 856

FS0120