

Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



# **Green Coffee Capsules**

Nutritional supplement with chrome and green coffee extract

### **Useful information:**

The green, non-roasted beans of the coffee plant (Coffea arabica) are referred to as green coffee. Plenty of chlorogenic acid, which is largely destroyed when roasting the coffee, is contained inside. Chlorogenic acid has been proven in several studies to support a weight controlled diet. Green coffee capsules contain 400 mg green coffee extract with

200 mg chlorogenic acid as well as 50  $\mu$ g chrome, which contributes towards maintaining a normal blood sugar level and a normal metabolic rate of macronutrients. Carbohydrates, fats and proteins are jointly referred to as macronutrients because they are absorbed in large quantities (Greek word "makros" = large).



## Ingredients:

Green Coffee Extract (74 %), Gelatine, Mikrocyrstalline Cellulose (bulking agent), Chrome-(III)-Chloride, Maltodextrin (bulking agent), Magnesium Stearate (separating agent).

### Recommended dose:

swallow 1-2 tablets per day with enough fluid.

	per capsule	per daily dose (= 2 capsules)	% of NRV recommended daily dose*	
Green coffee extract	400 mg	800 mg	**	74 g
of which chlorogenic acid	200 mg	400 mg	**	37 g
Chrome	50 μg	100 μg	250	9 mg

<sup>\*</sup>NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of little children. Do not exceed the recommended daily dose..

# Contains 120 capsules = 63 g

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<sup>\*\*</sup>No reference value has yet been established