



## Argan Oil Capsules

Food supplement

### Interesting facts:

The Argan tree (*Argania spinosa*) is one of the oldest trees in the world and grows only in south-western Morocco. Argan oil, one of the most precious and richest vegetable oils, is extensively processed from the seeds of the Argan tree in the traditional Berber way. What makes the Argan oil so special is its high content of essential, biological active unsaturated fatty acids of around 80%. The proportion of linoleic acid is significantly higher than in olive oil. Each capsule contains 500 mg of pure argan oil from controlled biological cultivation.

### Ingredients:

Argan oil (73%)\*, Gelatin, Glycerin humectant, antioxidant Tocopherol-rich Extracts (natural).

\*certified organic. DE-ÖKO-001.

80% of the ingredients of agricultural origin have been produced according to the basic rules for organic farming.

	per capsule	per daily dose (=6 capsules)	per 100 g capsules
Argan oil	500 mg	3000 mg	73 g
of which is fat	500 mg	3000 mg	73 g
saturated fatty acids	90 mg	540 mg	13 g
unsaturated fatty acids	410 mg	2460 mg	60 g
of which are monounsaturated fatty acids	215 mg	1290 mg	31 g
poly unsaturated fatty acids	195 mg	1170 mg	29 g
of which is linoleic acid	175 mg	1050 mg	26 g

No reference value for the daily intake according to VO (EU) No. 1169/2011

**Suggested use:** Take 2 capsules 3 times daily. The capsules should be swallowed whole with sufficient liquid.

Store in a dry place below 25°C. Protect from light.

Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

**Contents 150 capsules = 100 g**

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