



Pumpkin Seed Oil Capsules

Food supplement

Good to know:

The pumpkin is a tried-and-tested plant that originates from America, but that is now grown across the world. The oil of the Styrian oil pumpkin *Cucurbita pepo L. convar. Citrullina var. styriaca* from controlled organic cultivation is considered as especially valuable. Pumpkin Seed Oil Capsules support a healthy bladder and prostate and, when taken over a long period, contribute to maintaining the normal function of the urinary organs.

Ingredients:

Pumpkin Seed Oil * (74 %), Gelatin, Glycerin moisturizers, antioxidant Tocopherol Extracts.

***Certified organically grown.** DE-ÖKO-001.

80 % of the ingredients of agricultural origin have been produced according to the organic farming regulations.

Each capsule contains 500 mg pure pumpkin seed oil from the seeds of ripe pumpkins.

	per capsule	per daily dose (=6 capsules)	per 100 g capsules
pumpkin seed oil	500 mg	3000 mg	74 g
of which is fat	500 mg	3000 mg	74 g
of which are saturated fatty acids	80 mg	480 mg	12 g
unsaturated fatty acids	420 mg	2520 mg	62 g
of which are monounsaturated fatty acids	170 mg	1020 mg	25 g
poly unsaturated fatty acids	250 mg	1500 mg	37 g

No Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established

Recommended use:

Take 1-2 capsules 3 times daily unchewed with the meals with sufficient liquid.

Keep out of direct sunlight. Store dry and not above 25°C.

Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle.

Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 150 capsules = 99 g

Art. No. 162

Eti0523