



Hair Fit Capsules

Nutritional supplement with millet extract, vitamin C, zinc and B vitamins

Interesting facts: For maintaining beautiful, healthy and strong hair it is vital to get enough proper vitamins and minerals. But this is not always guaranteed with today's diet. Deficiencies in certain substances mean that the growth of the hair and nails can no longer be properly supported in some cases.

Hair Fit Capsules contain something that structurally damaged hair needs: **Millet extract** has a growth-promoting effect, provides strength and helps to build and maintain a strong hair structure. **Vitamin C, panthothenic acids, biotin** and **zinc** support healthy hair growth. **Biotin** and **zinc** are proven to be essential in maintaining healthy hair. **Vitamin C** supports the normal formation of collagen, which has a positive effect on the scalp. **Panthothenic acid** contributes to healthy energy metabolism.

Ingredients: Millet Extract (42 %), Gelatin, Vitamin C, Zinc Gluconate, release agents Magnesium Stearate, Calcium D-Pantothenate, Vitamin-B6-hydrochloride, Biotin.

	per capsule	per daily dose (=4 capsules)	% of the recommended daily requirement (NRV)*	per 100 g capsules
Millet Extract	200 mg	800 mg	**	42 g
Vitamin C	50 mg	200 mg	250	11 g
Zinc	1.25 mg	5 mg	50	0.3 g
Panthothenic Acid	4.5 mg	18 mg	300	1 g
Vitamin B6	1.2 mg	4.8 mg	343	0.3 g
Biotin	75 µg	300 µg	600	16 mg

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

Suggested use: Take 2 capsules two times daily with sufficient liquid.

As the hair and nails grow extremely slowly, the capsules should be taken for a sufficiently long period, i.e. over several months. Biotin can have an effect on laboratory tests, please inform your doctor in this case.

Store in a dry place below 25°C. Protect from light.

Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

120 capsules = 54 g

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