



## Organic Argan Oil

Gourmet quality  
cold pressed, 100 % all-natural

Organic Argan Oil prepared in the traditional way of the Berber tribe, is produced from the unroasted seeds of the Argan tree (*Argania Spinosa*) that grows in the south-western part of Morocco.

It consists of approximately 80% of biologically active unsaturated fatty acids, particularly linoleic and oleic acid, that contribute to the preservation of a normal cholesterol level in the blood (from 10 g linoleic acid/day which corresponds to about 30 g of Organic Argan Oil). With its typical flavor it is particularly suitable for refining salads and warm dishes but it can also be used undiluted (1-3 teaspoons daily).

Well suited for external care of dry and rough skin.

Average nutrition value	per 100 g
Caloric content	3770 kJ / 900 kcal
Fat	100 g
of which are	
saturated fatty acids:	20 g
- monounsaturated fatty acids <sup>1</sup>	45 g
- polyunsaturated fatty acids <sup>2</sup>	35 g
carbohydrates	0 g
- of which is sugar	0 g
protein	0 g
salt	0 g

<sup>1</sup> of which is 43 g oleic acid

<sup>2</sup> of which is 30 g linoleic acid

The consumption of Organic Argan Oil neither replaces a varied and balanced diet nor a healthy lifestyle.

Store well closed, cool and in a dark place.



DE-ÖKO-001  
Non-EU-Agriculture

### Contents 100 ml

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