



Zinc Tablets 10 mg

Nutritional supplement

Interesting facts:

Zinc is one of the essential trace elements and performs countless functions in the body. It is involved with a number of metabolic functions and supports the maintenance of healthy bones, hair, nails, skin and normal vision. Zinc plays an important role in a vital, healthy immune system and in the body's defences and contributes towards protecting cells against oxidative stress.

Ingredients: Bulking agent Microcrystalline Cellulose, Zinc Gluconate, Magnesium Stearate.

Each tablet contains 10 mg of zinc.

	per tablet (= daily dose)	% of the recommended daily requirement NRV*	per 100 g tablets
Zinc	10 mg	100	3 g

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

Directions for use:

Swallow one tablet daily with sufficient liquid.

Not recommended for children and adolescents under the age of 17.

Keep out of direct sunlight. Store dry and not above 25°C. Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 210 tablets = 61 g

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