



## Vitamin Concentrate for Children and Adults

Food supplement with vitamin C and B-vitamins

### Good to know:

Vitamins are substances which cannot be produced by the body itself but which are needed for vital body functions. Therefore a balanced intake of all the vitamins in the diet is not only for kids important.

Vitamin Concentrate for Children and Adults contains natural vitamin C from the acerola cherries, orange juice concentrate and mango puree for a healthy, vitalised immune system and amongst others it promotes a normal collagen formation in bones, cartilages, skin, teeth and gums. Also included in Vitamin Concentrate are the important B-vitamins B1, B2, B6, B12, folic acid, biotin, niacin, and pantothenic acid, that among other things contribute to the normal synthesis of vitamin D and a number of neurotransmitters. In addition, pantothenic acid contributes to normal mental performance.

**Ingredients:** Orange juice concentrate (50%), mango puree (40%), honey, acerola extract, filler maltodextrin, preservative potassium sorbate, thickener xanthan gum, niacin, calcium-D-pantothenate, vitamin B1 mononitrate, vitamin B2, vitamin B6 hydrochloride, folic acid, biotin, vitamin B12.

	content per 20 ml/ % of recommended daily requirement* for 4- to 7-year-old	content per 40 ml/ % of recommended daily requirement * from 8 years on
vitamin C from the acerola cherry	60.0 mg/75 %	120 mg/150 %
niacin	12.0 mg/75 %	24.0 mg/150 %
pantothenic acid	4.4 mg/73 %	8.8 mg/146 %
vitamin B2	1.1 mg/79 %	2.2 mg/158 %
vitamin B1	0.9 mg/82 %	1.8 mg/164 %
vitamin B6	0.6 mg/43 %	1.2 mg/86 %
folic acid	150.0 µg/75 %	300.0 µg/150 %
biotin	18.0 µg/36 %	36.0 µg/72 %
vitamin B12	1.2 µg/48 %	2.4 µg/96 %

\* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

### Direction to use:

The dose for children 4 to 7 years of age is 2 measuring cup (20 ml). The dose for children from 8 years of age is 4 measuring cup (40 ml). Dilute with a glass of water (approx. 80 ml) water. Take once daily. Shake before use.

Store away from light and not above 25°C.

Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

### Contents 1000 ml

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