



## OPC Complex Capsules

Nutritional supplement

### Good to know:

OPC Complex Capsules have been specially formulated in order to meet an increased demand for antioxidant nutrients. They contain micronutrients and phytochemicals such as OPC (oligomeric proanthocyanidins), polyphenols from white grape seeds, red grapes and green tea and bioflavonoids from citrus fruit. Vitamin C contributes to a normal, healthy immune function and energy metabolism. In addition it acts as a free radical scavenger, which protects cells from oxidative stress.

**Ingredients:** White Grape Seed Extract, Citrus Bioflavonoids Extract, Green Tea Extract, Gelatin, Acerola Fruit Extract, Red Grape Extract, filling agents Maltodextrin, Gum Arabic; releasing agents Silicon Dioxide, Magnesium Stearate.

Contains Sulfites.

	per capsule	per daily dose (= 4 capsules)	% of NRV recommended daily dose*	per 100 g capsule
Polyphenols	215 mg	860 mg	**	33 g
of which OPC	62 mg	248 mg	**	10 g
Bioflavonoids	90 mg	360 mg	**	14 g
Vitamin C	12.5 mg	50 mg	63	2 g

\* NRV=Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

\*\* no reference value has yet been established

### Recommendation for use:

Take 2 x 1-2 capsules daily. The capsules should be swallowed whole with a sufficient amount of liquid (e.g. water).

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of children. Do not exceed the recommended daily dose.

Made in Germany

**90 capsules = 54 g**

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