



Mannose Granulate

100 % mannose without additives

Mannose (D-mannose) is a simple sugar that is closely related to other monosaccharides such as glucose or fructose. Small quantities of mannose are found in nature in many plants, trees and fruits, such as in peaches, apples and apricots, as well as some berries, such as cranberries. The human organism also produces some D-mannose. It acts as an integral part of the membranes and lines the entire inner wall of the urinary tract.

Mannose has a pleasant, sweet taste and can be dissolved well in water or tea.

Average nutritional values	per 100 g
Calorific content	1680 kJ/400 kcal
Fat	0 g
- of which saturated fatty acids	0 g
Carbohydrate	100 g
- of which sugars	100 g
Protein	0 g
Salt	0 g

Ingredients: 100 % D-mannose.

Can have a laxative effect when used excessively!

Store dry and tightly closed.

Contents 200 g

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