



## Organic sea buckthorn pulp oil

- ◆ Beneficial for mucous membranes and the gastrointestinal tract
- ◆ Against dry skin

Through a special separation procedure, it is possible to obtain a deep red oil with a pleasantly fruity aroma from the pulp of the sea buckthorn berry (*Hippophae rhamnoides* L.) which is characterised by its high palmitic and palmitoleic acid - an Omega-7 fatty acid - content. Amongst other things, it is held in high esteem due to its positive effect on the mucous membranes of the oesophagus and the gastrointestinal tract. Applied externally, it has a beneficial effect on dry, sunburned and stressed skin. We recommend that you mix the oil to a ratio of 1:10 with jojoba or almond oil.

**Caution:** Due to the high carotenoid content, this substance can leave severe stains!

**Ingredients:** 100 % pure Sea Buckthorn Pulp Oil from controlled organic cultivation.

Average nutritional values per 100 ml	
Energy value	3404 kJ / 828 kcal
Fat	92 g
of which	
- Saturated fatty acids*	34 g
- Unsaturated fatty acids**	55 g
- polyunsaturated fatty acids	3 g
Carbohydrates	0 g
of which sugar	0 g
Protein, salt	0 g
Salt	

\* of which 30 % palmitic acid

\*\* of which 25 % palmitoleic acid

**Recommended dosage:** 2 x daily 1 teaspoon prior to or after meals or added to salads and other dishes.



DE-ÖKO-001  
EU agriculture

Please keep well closed, dark and below 25 °C.

Made in Germany

**Contents 100 ml**

Art. No. 206  
Eti0922