



## Pumpkin Seed Oil Capsules

Nutritional supplement

### Interesting facts:

The pumpkin is a tried-and-tested plant that originates from America, but that is now grown across the world. The oil of the Styrian oil pumpkin *Cucurbita pepo* L. convar. *citrullina* var. *styriaca* from controlled organic cultivation is considered as especially valuable. We use oil from organically grown pumpkins. Pumpkin Seed Oil Capsules support a healthy bladder and prostate and, when taken over a long period, contribute to maintaining the normal function of the urinary organs.

### Ingredients:

Pumpkin seed oil \* (74%), Gelatin, Glycerin moisturizers, antioxidant Tocopherol extracts of natural origin.

\*Certified organically grown. DE-Öko-001

80 % of the ingredients of agricultural origin have been produced according to the organic farming regulations.

Each capsule contains 500 mg pure pumpkin seed oil from the seeds of ripe pumpkins.

	per capsule	per daily dose (=6 capsules)	per 100 g capsules
Pumpkin seed oil	500 mg	3000 mg	74 g
including fat	500 mg	3000 mg	74 g
including saturated fatty acids	80 mg	480 mg	12 g
including unsaturated fatty acids	420 mg	2520 mg	62 g
including monounsaturated fatty acids	170 mg	1020 mg	25 g
poly unsaturated fatty acids	250 mg	1500 mg	37 g

No Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established

### Suggested use:

Take 1-2 capsules 3 times daily. The capsule should be swallowed whole with sufficient liquid.

Store in a dry place below 25°C. Protect from light.

Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of the reach of small children. The recommended daily dose should not be exceeded.

Made in Germany

**Contents 400 capsules = 264 g**

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