



## Vitamin K2 200µg capsules

Nutritional supplement

### Good to know:

The designation Vitamin K stands for a multitude of special, fat-soluble compounds which cannot be formed by the human body and therefore have to be included in our dietary intake. Amongst other things, Vitamin K ensures that calcium is brought into the bones and does not form deposits in the arteries and blood vessels. Vitamin K is also involved in normal blood coagulation processes. Of all the known compounds with Vitamin K efficacy, Vitamin K2 (Menaquinone-7, MK-7) is considered the most significant, with the highest levels of biological activity and availability.

### Vitamin K

- For normal blood coagulation
- For the maintenance of normal bones

**Ingredients:** Bulking agent Microcrystalline Cellulose, Gelatine, bulking agent Maltodextrin, Vitamin K2 (Menaquinone-7, MK-7), release agents Magnesium Stearate, Silicon Dioxide.

Each capsule contains 200 µg Vitamin K2.

	per capsule	% of NRV recommended daily dose*	per 100 g capsule
Vitamin K2	200 µg	267	53 mg

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

**Recommended dose:** swallow 1 capsule per day with sufficient liquid.

Persons taking blood-thinning medication (anticoagulants) should consult their doctor before consumption.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

**Contents 120 capsules = 43 g**

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