



Moringa Powder

Moringa oleifera
Nutritional supplement

Useful information:

The Moringa tree (*Moringa oleifera*) is common in tropical and sub-tropical regions and especially in north west India. Where the conditions are warm and sunny, the "tree of life", as it is called in the local area, shows exactly what it can do: in good conditions it can grow up to 15 metres tall. People who live in *Moringa oleifera*'s habitat know about its positive influences and often put it on their plate. Its tender green leaves are prepared like our very own spinach or blended to produce a thick, green juice. Locals who can call one of these trees their own can count themselves lucky! Once the western media and scientists became aware of *Moringa oleifera*, the general public became increasingly interested in its properties. Our 100 % pure Moringa powder is obtained from the tender, young, gently dried and locally ground Moringa leaves.

Ingredients:

Moringa oleifera leaf powder (100 %).

Average nutritional values	per 100 g
Calorific value	1349 kJ/320 kcal
Fat	2,3 g
- of which saturated fatty acids	1,7 g
Carbohydrate	38 g
- of which sugar	15 g
Dietary fibres	19 g
Protein	27 g
Salt	0,1 g

Keep dry and store well closed.

Recommended use:

As needed, stir into liquid (water, juice, yoghurt etc.) or consume sprinkled over food.

Contents 500 g

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