Kräuterhaus Sanct Bernhard

Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



## Sanct Bernhard Sport Pure Liquid Energy

+ Sodium + Potassium

Nutritional supplement for intense muscle exertion, especially for stamina athletes.

Lactose and gluten-free

Flavour: Peach-Passion Fruit

The long-lasting and liquid energy boost that can be drunk without additional fluids. Highly concentrated with short and medium-chain carbohydrates for an energy supply which is released in stages, expediently supplemented with sodium and potassium. Pure Liquid Energy is quickly absorbed by the body and is easy to digest. Refreshingly fruity peach-passion fruit flavour. Ideal when combined with our Mineral Pur Drink or Isotonic Energy Drink as a basis during the strenuous phase.

## Ingredients:

Water, Maltodextrin, Saccharose, Sodium Chloride, Potassium Citrate, Preservative: Potassium Sorbate, Flavour, Acidifier: Citric Acid.

| Average nutritional values: | 25 ml               | %*/25 ml | 100 ml               |
|-----------------------------|---------------------|----------|----------------------|
| Energy value                | 201 kJ<br>(48 kcal) | -        | 804 kJ<br>(190 kcal) |
| Fat                         | 0 g                 | -        | 0 g                  |
| Carbohydrate                | 12 g                | -        | 48 g                 |
| - of which sugars           | 2.5 g               | -        | 10 g                 |
| Protein                     | 0 g                 | -        | 0 g                  |
| Salt                        | 110 mg              | -        | 440 mg               |
| Sodium                      | 44 mg               | **       | 176 mg               |
| Potassium                   | 22.5 mg             | 1***     | 90 mg                |

\*% of the recommended daily consumption according to NRV (Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011),

\*\*No reference quantity available yet,

\*\*\*Additional consumption is recommended to cover daily requirements

## **Recommended use:**

Pure Liquid Energy can be enjoyed undiluted, without additional liquid intake. In order to maintain a constant performance, 25 ml should be drunk every 20 minutes.

Food supplements should not be used as a substitute for a balanced, varied diet and do not replace a healthy lifestyle. Store out of the reach of small children. Do not exceed the recommended daily dose.

Made in Germany

Note for diabetics: 25ml are equivalent to 1.0 CE.

Contents 500 ml

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Sanct-bernhard-sport.de

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