



Sanct Bernhard Sport L-Carnitine Capsules

Dietary supplement

Good to know:

L-carnitine plays a role in the **energy and fat metabolism of the cells** as organic carrier for the transport of long-chain fatty acids into the mitochondria. L-carnitine is an endogenous naturally occurring compound that is found mainly in meat, but also at low concentration in vegetables, fruit or dairy products.

Each capsule contains **pure L-Carnitine 300mg**.

Ingredients:

L-Carnitine L-tartrate (78 %), Gelatin, separating agent Magnesium stearate.

Recommended use:

Swallow 2 times daily 2 capsules with sufficient liquid.

	per capsule	per daily dose (= 4 capsules)	per 100 g capsules
L-Carnitine	300 mg	1200 mg	52 g

No nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established.

Keep out of direct sunlight. Store dry and not above 25°C.

Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle.

Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 180 capsules = 102 g

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