



## Sanct Bernhard Sport Energy Rice Bar Raspberry

72 % carbohydrates boost from nature

Unlike no other bar, Energy Rice Bar provides large amounts of high rice and oatmeal proportions from natural sources. The easily digestible rice crispies, the high amount of carbohydrates and the fruity raspberry flavor gives you an energy boost when highest performance is required.

**Ingredients:** Glucose Syrup, **Oat Flakes**, Rice Crispies (16%) (Malt Flour, **Wheat Gluten**, Sugar, **Wheat Malt**, Glucose, Salt), Invert Sugar Syrup, Sugar, Raisins, unhydrogenated Vegetable Fat (Palm Oil), Raspberries (2.5%), emulsifier **Soya Lecithin**, Flavours, Salt.

Average nutritional values	per 100 g	per bar (50g)
Calorific content	1610 kJ (380 kcal)	805 kJ (190 kcal)
Fat	7.0 g	3.5 g
- of which saturated fatty acids	2.8 g	1.4 g
Carbohydrates	72.8 g	36.4 g
- of which sugars	39.6 g	19.8 g
Protein	4.8 g	2.4 g
Salt	0.6 g	0.3 g

1 bar (= 50 g) contains 0.12 g sodium.

May contain traces of nuts, peanuts, sesame seeds, eggs and milk proteins.

Note for diabetics: 1 bar 50 g = 3 bread units (BU).

Keep dry and out of direct sunlight. Store below 25°C.

### Contents 50 g

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