



## 6er Tea a la Eva Aschenbrenner

All herbs from controlled organic cultivation

Dear tea fans!

You have chosen this 6x Tea wisely. I am sure that you are doing your body good with this tea, and will enjoy it. I wish you health, satisfaction and God's protection.

Your Eva Aschenbrenner

### My preparation tip for you:

Briefly boil 2-4 flat tablespoons in 1 litre of water, leave to infuse for 10 minutes and strain. Take as a drinking program over 6 weeks (1 litre per day) or during health days for regeneration, maintenance of bodily functions and to activate the metabolism.

### Ingredients:

Birch leaves, yarrow, melissa, nettle, marigold, walnut leaves.

Books by Eva Aschenbrenner are available in bookshops by Kosmos Verlag (Publishing House).



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**Contents 175 g**

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