



## Minesan Alkaline Bath Salt

Alkaline Bath Salt with a pH of 8.5, for sensitive, allergy-prone and dry skin. The balance between acid and base is especially important for a healthy skin metabolism. A bath with Minesan Alkaline Bath Salt supports a balanced acid-base balance in a wonderfully soothing way.

Minesan Alkaline Bath Salt is well suited for both full baths and hip baths, foot and hand baths as well as for cataplasms.

**Ingredients:** Maris Sal, Sodium Bicarbonate, Sodium Carbonate, Hydrated Silica.

**Application:** A bath temperature of 36° - 38° C (97° - 100° F) is recommended for full baths, for foot baths 38° - 41° C. Suggested bathing time is approximately 30 minutes, ideally 45 – 60 minutes or longer. Add 3 tablespoons to a full bath, to a hip bath 1 tablespoon. 1 teaspoon is sufficient for poultices, foot baths and rinses.

**Contents 500 g**

Art. No. 1188

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