



Selenium Plus-ACE Cell Protection Capsules

Food supplement

Good to know:

Natural selenium from selenium yeast plus vitamin C, E, carotenoids and magnesium. The trace element selenium and the antioxidants vitamins C and E have been proven to protect cells from oxidative stress.

Selenium can help to support the growth and maintenance of healthy hair and nails. It also plays a role in thyroid function and in supporting the immune system.

Ingredients: Magnesium Carbonate, Gelatine, Vitamin C, Selenium Yeast, Vitamin E Succinate, separating agent Magnesium Stearate, filler Olive Oil, natural Carotenoids.

	per capsule	per daily dose (= 2 capsules)	% of the daily intake according to NRV*	per 100 g capsules
Selenium	60 µg	120.00 µg	218	13 mg
Vitamin C	100 mg	200 mg	250	21 g
Vitamin E (alpha-TE)	16.7 mg (25 I.U.)	33.4 mg (50 I.U.)	278	4 g 1 g
Carotenoids	5 mg	10 mg	**	133 mg
that is Vitamin A (RE)	625 µg (2083 I.U.)	1250 µg (4166 I.U.)	156	9 g
Magnesium	40 mg	80 mg	21	13 mg

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

Recommended dosage: Take 1-2 capsules daily. Swallow the capsules whole with sufficient liquid.

Keep out of direct sunlight. Store dry and not above 25°C. Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 120 capsules = 54 g

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