



Sanct Bernhard Sport Glucosamine Chondroitin Plus Drinking Powder

Dietary supplement with glucosamine, chondroitin, collagen hydrolysate (Fortigel®),
vitamin C, vitamin B and manganese

Good to know:

Glucosamine Chondroitin Plus Drinking Powder supplements the daily diet with vitamin C and manganese which are important for cartilage structure, flexibility and resilience of the joints, especially knees and hips. **Vitamin C** contributes to normal collagen formation, which is necessary for a healthy function of cartilage and bone. **Manganese** helps maintain healthy bones and connective tissue. Also recommended for athletes after season of training.

- **Glucosamine** and **Chondroitin** are essential components of cartilage and the cartilage tissue.
- **Collagen Hydrolysate** is of particular importance for the function of the joints, as the joint cartilage consists to about 70 percent of collagen. Collagen hydrolyzate (**Fortigel®**) is taken up by the body extraordinarily well.
- **Vitamin C** contributes to normal collagen formation, which is necessary for healthy function of cartilage and bone.
- **Manganese** contributes to the maintenance of normal bones and a normal formation of connective tissue.

People with impaired glucose tolerance or who take cumarin anticoagulants, should contact their doctor before the consumption.

Ingredients: Collagen Hydrolysate (71 %), filler Dextrose, **Glucosamine Sulfate (6 %) (from crustaceans)**, acidifier Citric Acid, Chondroitin Sulfate (2 %), Vitamin C, Orange Juice Concentrate, filler Maltodextrine, natural orange flavour, separating agent Silicia Dioxide, Mangansulfate, Vitamin B2.

	per sachet (=daily dose)	% of the recommended daily dose according to NRV*	per 100 g
Collagen Hydrolysate (Fortigel®)	10,000 mg	**	71 g
Glucosamine Sulfate	800 mg	**	6 g
Chondroitin Sulfate	300 mg	**	2 g
Vitamin C	300 mg	375	2 g
Manganese	2 mg	100	14 mg
Vitamin B2	2 mg	143	14 mg

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

Recommended use:

Take one sachet daily. Dissolve the contents of one sachet in a glass of water and drink it.

Hint for diabetics: one sachet is 0.17 BE.

Keep out of direct sunlight. Store dry and not above 25°C.

Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle.

Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Content 30 sachets with 14 g each

Total weight 420 g

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