



Greentea Capsules

Nutritional supplement

Green tea is obtained from the same plant (*Camellia sinensis*) as black tea. In contrast to black tea, green tea isn't fermented but gently steamed and dried. Most of the health benefits of green tea are attributed to the catechins, a group of polyphenols, which gives the tea a bitter taste. Particularly noteworthy is the epigallocatechin gallate (EGCG), which are very high antioxidant activity. To the high-quality green tea extract in our capsules we have added vitamin C.

Each capsule contains 400 mg green tea extract with 380 mg of polyphenols and 160 mg EGCG.

Ingredients: Green Tea Extract (68%), Gelatine, bulking agent Microcrystalline Cellulose, Vitamin C, separating agents Magnesium Stearate, Silicon Dioxide.

	per capsule	per daily dose (= 2 capsuels)	% of the daily intake according to NRV**	per 100 g capsules
green tea extract	400 mg	800 mg	**	68 g
95 % polyphenols	380 mg	760 mg	**	65 g
65 % catechins	260 mg	520 mg	**	44 g
40 % epigallocatechin gallate (EGCG)	160 mg	320 mg	**	27 g
Vitamin C	12 mg	24 mg	30	2 g

*NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

**No reference value has yet been established

Recommended use: Take 1-2 times daily 1 capsule. Swallow the capsule whole with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 120 capsules = 68 g

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