



## Vitality Tea for Men

Herb and spice mixture for tea preparation

**Ingredients:**

liquorice root, cinnamon, cloves, ginger, carob, fennel, cardamom, lime-tree blossoms, fireweed, cocoa shells, pepper, ginseng root.

**Note:**

Contains liquorice. People suffering from hypertension should avoid excessive consumption of this product.

**Preparation:**

Take 1-2 teaspoons per cup, pour bubbling, boiling water over tea leaves and let steep for 5-10 minutes. Only that way you get a safe food.

Store dry and well closed.

**Contents 500 g**

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