Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



## Strong Hair Anagen Capsules

Kräuterhaus Sanct Bernhard

Food supplement containing pea spout extract, green tea and vitamins and minerals

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**Useful information:** For voluminous, strong, well-groomed hair, you need a healthy scalp, which supplies the hair follicles, i.e. the structures that are located around the hair root and anchor the hair to the skin, with crucial vitamins and nutrients. Biotin, selenium and zinc play an important role, especially in the phase of active hair formation, known in expert circles as the anagen phase, because they have been proven to help maintain healthy, normal hair. While copper contributes to hair pigmentation, iron and folate take on functions in cell division, i.e. hair growth. An innovative ingredient based on pea sprout extract (AnaGain<sup>™</sup>) was able to demonstrate its characteristic properties in a clinical study.

**Ingredients:** Microcrystalline Cellulose (bulking agent), Hydroxypropyl Methylcellulose, Green Tea Extract (12%), Pea Sprout Extract (12%), Isomalt (bulking agent), Zinc Gluconate, Iron (II) Gluconate, Copper Gluconate, Maltodextrin, Silicon Dioxide (separating agent), Folic Acid, Biotin, Sodium Selenite.

	per capsule	Per daily dose (= 2 capsules)	% of NRV recommended daily dose*
Pea sprout extract	50 mg	100 mg	**
Green tea extract	50 mg	100 mg	**
of which polyphenols	47.5 mg	95 mg	**
Epigallocatechingallat (EGCG)	20 mg	40 mg	**
Biotin	75 µg	150 µg	300
Selenium	15 µg	30 µg	54
Zinc	5 mg	10 mg	100
Copper	0.5 mg	1 mg	100
Iron	3.5 mg	7 mg	50
Folic acid	200 µg	400 µg	200

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011 \*\* no reference value available yet

**Recommended use:** Adults take 1 capsule daily in the morning and evening after a meal with plenty of liquid.

You should refrain from consuming other products containing green tea on the same day.

Biotin may affect laboratory tests, in which case please inform your doctor.

Not suitable for pregnant and breastfeeding women.

Keep dry and out of direct sunlight. Store below 25°C. Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Neither exceed the recommended daily dose nor 800 mg EGCC per day.

Made in Germany

## Contents 120 capsules = 47 g

Art. No.: 1125

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