



## Schizandra Pomegranate Capsules

Food supplement with vitamins



### Interesting facts:

In the Asian area schizandra, also called WuWeiZi, has been for centuries used as dietary supplement on a daily basis. The pomegranate contains primarily large amounts of phytochemicals and polyphenols such as Flavonoids, tannins and ellagic acid. The vitamins B6 and B12 and folic acid complement the two plant extracts perfectly: folic acid contributes to a balanced homocysteine levels. The vitamins B6 and B12 lead to the formation of red blood cells, which transport the oxygen through the blood vessels.

### Ingredients:

Schizandra Extract (47%), Pomegranate Extract (31%), gelatin, corn starch filler, vitamin B6 hydrochloride, Magnesium stearate, folate, vitamin B12.

Each capsule contains 300 mg Schizandra Extract (10:1), equivalent to 3000 mg Schizandra powder and 200 mg Pomegranate extract with at least 40% ellagic acid.

	per capsule	per daily dose (=2 capsules)	% of the daily intake according to NRV *	per 100 g capsules
Schizandra-Extrakt	300 mg	600 mg	**	47 g
Granatapfel-Extrakt	200 mg	400 mg	**	31 g
Ellagsäure aus Granatapfel-Extrakt	80 mg	160 mg	**	13 g
Folsäure	600 µg	1200 µg	600	94 mg
Vitamin B6	6 mg	12 mg	857	936 mg
Vitamin B12	3 µg	6 µg	240	468 µg

\* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

\*\* No reference value has yet been established

### Recommended use:

Take 2 capsules daily, swallowed with sufficient liquid.

Protect from light, dry place below 25 ° C.

Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of the reach of small children. The recommended daily dose should not be exceeded.

**Content 90 capsules = 56 g**

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