



Vitamin E 200 I.E. Capsules

Nutritional supplement

Useful information:

Vitamin E is one of the fat-soluble vitamins our body needs but cannot produce itself. It therefore relies on sufficient supply through nutrition. As recently confirmed by the EFSA (European Food Safety Authority) vitamin E as an anti-oxidant makes a contribution towards protecting the cells against oxidative stress. Oxidative stress can be caused by smoking, increased UV radiation or other environmental influences.

Each Vitamin E 200 I.U. capsule contains 134 mg natural Vitamin E., corresponding with 200 International Units (I.U.).

Ingredients: Sunflower Oil, Vitamin E (RRR-alpha-Tocopherol), Gelatine, humectant Glycerine.

	per capsule (= daily dose)	% of the daily intake according to NRV*
Vitamin E ** Natural	134 mg (200 I.U.)	1117

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

**alpha-TE

Recommended dose: swallow 1 capsule per day with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 240 capsules = 112 g

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