



Ubiquinol 100 mg Q10 Bioactive Mono Capsules

Dietary supplement

Good to know:

Before the body can make use of the important Coenzyme Q10, it must be converted into its biologically active form (Ubiquinol). If the body is supplied directly with Ubiquinol, the conversion process will be superfluous. The activated Q10 Ubiquinol is immediately available to the organism.

Each capsule contains 100 mg Ubiquinol (Kaneka QH™, activated chemical form of CoQ10).

	per capsule (= daily dose)	per 100 g capsules
Ubiquinol	100 mg	14 g

No nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established

Ingredients:

Filler: **Soybean Oil**, Ubiquinol (14 %), Gelatin, humectant: Glycerine, thickening agents: Silicon Dioxide, emulsifier Soya Lecithin, color: Iron Oxide.

Recommended use:

Take one capsule per day (preferably in the morning), unchewed with sufficient liquid.

Keep out of direct sunlight. Store dry and not above 25°C.

Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle.

Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 75 capsules = 51 g

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