



Vitamin A Eye Capsules

Nutritional supplement

Good to know:

In support of the eyes and vision. Vitamin A is an essential nutrient that must be obtained daily in sufficient quantity from the diet. Vitamin A is responsible for various body functions. Already one capsule provides 800 micrograms vitamin A (retinyl palmitate). This is the exact amount recommended as a daily intake by nutritionists. Among other things, it plays an important role in the metabolic processes and cell specialization, the maintenance of healthy skin and mucous membranes as well as a vitalised immune system. Vitamin A is highly appreciated because of its importance in vision. It contributes to the maintenance of normal vision and is essential for various visual processes, such as the light/dark vision. Already one capsule provides 800 micrograms vitamin A (in the form of high-quality retinyl or retinol palmitate). This is the exact amount recommended as a daily intake by nutritionists.

Ingredients: Filler **Soybean Oil**, Gelatin, humectant: Glycerol, Retinyl Palmitate, filler Sunflower Oil, antioxidant alpha-Tocopherol.

	per capsule (= daily dose)	% of the recommended daily requirement (NRV)*	per 100 g capsules
Vitamin A	800 µg RE (2666 I.U.)	100	190 mg

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

Recommended use: Take 1 capsule daily. Swallow the capsules whole with sufficient liquid.

Not recommended for pregnant women.

Keep out of direct sunlight. Store dry and not above 25°C.

Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle.

Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 180 capsules = 73 g

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