



## Beauty Drink with Collagen and Hyaluronic Acid

Nutritional supplement with collagen peptides, hyaluronic acid, vitamins, zinc and copper.

### Useful information:

Who doesn't want to look young, fresh and beautiful? Because the skin, hair and nails mainly regenerate from within, we require various nutrients in order to retain our beauty. Our bodies aren't always able to provide these in sufficient quantities. Increased requirements may also be generated by environmental influences such as sun, smog and stress.

The Beauty Drink by Sanct Bernhard feeds the smallest components in our body, the cells, are fed with precisely those nutrients required for optimum function.

- **Collagen peptides** (VERISOL®)
- **Hyaluronic acid** is a natural element of the skin and connective tissue.
- **Vitamin C** contributes towards the production of collagen, and therefore towards the normal, healthy function of bones, cartilage, skin and teeth.
- **Copper** contributes towards the retention of normal connective tissue and energy metabolism as well as towards the healthy pigmentation of skin and hair
- **Zinc** contributes towards the retention of normal nails.
- **Biotin** is an important beauty substance for the retention of strong, normal hair and a radiant and healthy skin.
- **Vitamin E, zinc and copper** play a role in protecting the cells against free radicals, also known as oxidative stress.

A pleasant, fruity and tart taste.

**Ingredients:** Water, juice concentrate made from Aronia, Strawberry, Blackcurrants, Blackberries and Elderberries; Collagen Peptides, Agave Nectar, Hyaluronic Acid, Vitamin C, Potassium Sorbate (preservative), Zinc Gluconate, Vitamin E-Acetate, Copper Gluconate, Beta Carotene, Maltodextrin (bulking agent), Biotin.

	per bottle (= daily dose)	% of NRV recommended daily dose*	per 100 g
Collagen peptides (VERISOL®)	2.5 g	**	11.6 g
Hyaluronic acid	100 mg	**	465 mg
Vitamin C	80 mg	100	372 mg
Zinc	5 mg	50	23.2 mg
Vitamin E (alpha-TE)	3.6 mg (5.38 I.U.)	30	16.7 mg
Beta carotene	1 mg	**	4.6 mg
that is Vitamin A (RE)	167 µg (557 I.U.)	21	776 µg
Biotin	250 µg	500	1.2 mg
Copper	0.15 mg	15	0.7 mg

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

\*\* no reference value available yet

**Recommended use:** Drink 1 bottle every day. We recommend long-term intake over at least 12 weeks.

Biotin can have an effect on laboratory tests, please inform your doctor in this case. Not suitable for children and adolescents under the age of 17.

# Kräuterhaus Sanct Bernhard

Der Spezialist für Naturheilmittel und Kosmetik.  
Seit **1903** im Dienste der Gesundheit.



Shake before use! Store below 25 °C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

**30 small 20 ml bottles**  
**Total contents 600 ml**

Art. No. 297

FS0223/Eti1022