



Sabal Pumpkin Nettle Capsules

Nutritional supplement

Useful information: Saw palmetto fruit (sabal), pumpkin seeds and nettle roots are certainly no longer an "insider tip" - people now know that the extracts obtained from them are particularly appreciated by men of mature age. The supplemented vital substances vitamin C, zinc and vitamin B help the body to protect cells from oxidative stress, maintain normal testosterone levels and ensure the healthy functioning of the mucous membranes, which also benefits the sexual organs, bladder and prostate.

Ingredients: Dry Extract of Nettle Root 7-9: 1 (24%), Dry Extract of Pumpkin Seed 10: 1 (24%), **Lactose** (bulking agent), Gelatine, Sabal Fruit Extract (15%), Corn Starch (bulking agent), Silicon Dioxide (release agent), Maltodextrin (bulking agent), Tapioca Starch; Vitamin C, Zinc Gluconate, Vitamin B2, Magnesium Stearate (release agent).

	per capsule	per daily dose (=3 capsules)	% of NRV recommended daily dose*	per 100 g capsules
Dry extract of nettle root (7-9: 1)	150 mg	450 mg	**	24 g
Dry extract of pumpkin seeds (10:1)	150 mg	450 mg	**	24 g
Sabal fruit extract	90 mg	270 mg	**	15 g
Vitamin C	26.7 mg	80 mg	100	4.3 g
Zinc	2 mg	6 mg	60	0.3 g
Vitamin B2	0.467 mg	1.4 mg	100	75 mg

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

** no reference value available yet

Recommended use: Swallow 1 capsule 3 x daily with sufficient liquid at a mealtime.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Not suitable for pregnant and breastfeeding women, and children and adolescents under 17 years of age. Do not take capsules if you are taking Coumarin-type blood thinning medication and/or are sensitive to the ingredients.

Made in Germany

Contents 180 capsules = 109 g

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